



REFORMER PILATES SCHEDULE

ALTEA LIBERTY VILLAGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>7:30am Booty & Core Samantha Kreindel</p>	<p>7:30am Booty & Core Kristin Foster</p>	<p>7:30am Total Body Samantha Kreindel</p>	<p>7:30am Upper Body & Core Samantha Kreindel</p>	<p>7:00am Total Body Saige Palleske</p>	<p>10:45am Total Body Meaux Redhead</p>	<p>11:00am Total Body Saige Palleske</p>
<p>9:00am Total Body Samantha Kreindel</p>	<p>9:00am Total Body Kristin Foster</p>	<p>9:00am Upper Body & Core Samantha Kreindel</p>	<p>9:00am Booty & Core Samantha Kreindel</p>	<p>9:00am Foundations Taylor Hull</p>	<p>12:15pm Foundations Grace Kingston</p>	
<p>12:15pm Foundations Taylor Hull</p>	<p>5:15pm Total Body Grace Kingston</p>	<p>12:15pm Cardio & Stretch Samantha Kreindel</p>	<p>12:15pm Foundations Taylor Hull</p>	<p>10:30am Upper Body & Core Taylor Hull</p>		
<p>5:15pm Total Body Meaux Redhead</p>	<p>6:30pm Cardio & Stretch Grace Kingston</p>	<p>5:15pm Booty & Core Meaux Redhead</p>	<p>5:15pm Cardio & Stretch Saige Palleske</p>	<p>12:15pm Booty & Core Taylor Hull</p>		
<p>6:30pm Booty & Core Taylor Hull</p>		<p>6:30pm Upper Body & Core Taylor Hull</p>	<p>6:30pm Total Body Marlene Latour</p>			

SCHEDULE IS SUBJECT TO CHANGE