



PROTECT & PREVENT



Welcome to our **Protect & Prevent Plan!**

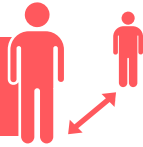
This plan builds upon our widely recognized high standards of cleanliness and takes it to a whole new level. In addition to the [Manitoba Public Health Phase 2 requirements](#), we've launched additional safety measures to help ensure all team members and members in our facility remain safe and comfortable while staying active.

Sanitizing:



- We're dedicating additional team members on each floor to focus solely on sanitizing equipment and high touch areas throughout the day.
- Our overnight team will be disinfecting the entire building from top to bottom with a hospital grade disinfectant using electrostatic sprayers.
- All group fitness studios and equipment will be thoroughly sprayed down after every class.
- We are using [Ecolab Peroxide](#), a hospital grade disinfectant that is safer and gentler than bleach and many other disinfectants. [Ecolab Peroxide](#) is EPA approved against Covid-19, registered with the NSF, requires no gloves or protective equipment and is non-irritating to the skin.
- We are setting up numerous carts with spray bottles of disinfectant and paper towels throughout the workout areas of the club. Members are asked to disinfect equipment before and after each use. Spray bottles provide numerous advantages including more thoroughly cleaning surfaces and can be carried by members from one piece of equipment to the next.
- Once used, spray bottles will be wiped down by a Team Member prior to the next use.
- We have hand sanitizer dispensers in numerous locations throughout the club.
- Members will be asked to use hand sanitizer when entering the club and frequently throughout their visit.

Following physical distancing guidelines:



- Please follow physical distancing guidelines of 2 metres, signage throughout the club is in place to remind members of this important guideline.
- Protective barriers have been installed at designated locations such as the front desk, Starbucks, the Smoothie Bar, rock climbing reception desk, playroom reception, member service offices and fitness planner offices.
- **All studio fitness classes will have reduced capacity and require advance reservations (please pre-book through the MyAlteaActive App).**

Other safety measures in place to meet and exceed Provincial Safety Guidelines



- All Altea Active team members are trained on the health and safety measures we have implemented.
- Our locker rooms will remain open, however, with a reduced number of lockers and physical distancing requirements need to be maintained. We are encouraging members to shower at home.
- **Yoga mats, yoga blocks, foam rollers and bolsters will temporarily not be available, please be sure to bring your own.**
- We will be operating cashless until further notice.
- We are restricted from offering towel service at this time.
- Steam rooms, saunas and whirlpools will be closed until further notice.
- We will have reduced capacity for our Climbing Club, Family Swim & Active Kids Club.
- **Mandatory Face Masks while working out (as of Tuesday, October 20th).**
- Mandatory temperature screening at the front desk, to ensure no one with a temperature > 38.0° C enters

Prevention is a Collaborative Effort:



We request that all members work with us by:

- Staying home if you are ill
- Washing hands thoroughly & frequently
- Following physical distancing guidelines
- Paying attention to signs posted in the club

