

# Welcome to our Protect & Prevent Plan

This plan builds upon our widely recognized high standards of cleanliness and takes it to a whole new level. In addition to the Manitoba Public Health safety requirements, we will continue to practice safety measures to help ensure all team members and members in our facility remain safe and comfortable while staying active.

## Sanitizing

- We're dedicating additional team members on each floor to focus solely on sanitizing equipment and high touch areas throughout the day.
- Our overnight team will be disinfecting the entire building from top to bottom with a hospital grade disinfectant using electrostatic sprayers.
- All group fitness studios and equipment will be thoroughly sprayed down frequently, throughout the day
- We are using a hospital grade disinfectant that is safer and gentler than bleach and many other disinfectants.
- Members are asked to disinfect equipment before and after each use.
- We have hand sanitizer dispensers in numerous locations throughout the club.
- Members will be asked to use hand sanitizer when entering the club and frequently throughout their visit.
- We have 21 new air purifiers throughout the club. These medical-grade air purification systems will clean and sterilize the indoor air by killing viruses and bacteria with its multi-stage air purifying technology. The Jade SCA5000C Air Purification system is among the most advanced and effective air purification systems on the market today.

## Following Physical Distancing Guidelines

- Please follow physical distancing guidelines of 2 metres, signage throughout the club is in place to remind members of this important guideline.
- Protective barriers have been installed at designated locations such as the front desk, Starbucks, the Smoothie Bar, rock climbing reception desk, member services and fitness planner offices
- All studio fitness classes will have reduced capacity and require advance reservations (please pre-book through the MyAlteaActive App).

## Other Safety Measures in Place to Meet and Exceed Provincial Safety Guidelines

- All Altea Active team members are trained on the health and safety measures we have implemented.
- Yoga mats, yoga blocks, foam rollers and bolsters will not be available, please be sure to bring your own.
- We will be operating cashless until further notice.
- All members, guests & vendors entering our facilities are required to present proof of vaccination.

## Prevention is a Collaborative Effort

**We Request That All Members Work with Us By:**

- Staying home if you are ill.
- Washing hands thoroughly & frequently.
- Following physical distancing guidelines.
- Paying attention to signs posted in the club.